

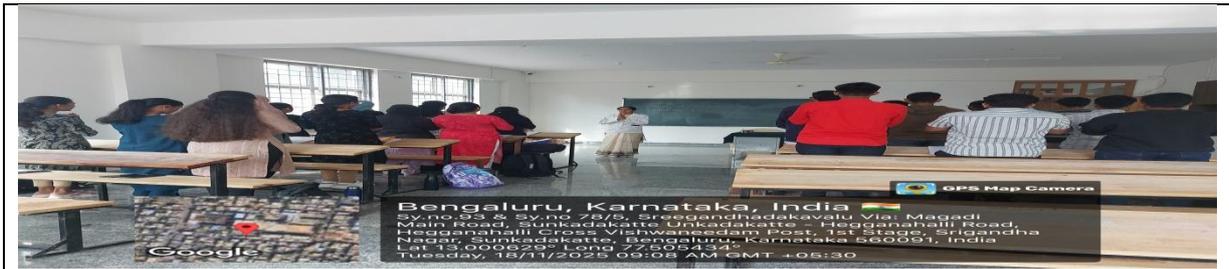


K.T.G. Ayurvedic Medical College & Hospital
Sy.No.93, Sriganthadakaval, Hegganahalli Cross, Sunkadakatte
Road, Vishwanedam Post, Bangalore- 560 091. (M): 9845051023
Website : www.ktgayurveda.in
Email :2016ayu0421@gmail.com

AYURPRAVESHKA – TRANSITIONAL CURRICULUM 2025-26 BATCH

Day 1 DATE: 10/11/2025

Time	Topic for the hour	Activity	Speaker
10:00– 12:00 PM	Inaugural Ceremony	Lamplighting, prayer chanting, Dhanvantari Shloka recitation	Dr. Vidyalakshmi
12:00– 1:00 PM	Know Your College	Timeline Creation–Students draw a visual timeline of the institution's milestones	Dr. Yashaswini
1:00– 2:00 PM	LUNCH		
2:00– 4:00 PM	Campus Orientation–Part 1	Campus visit- academic blocks/department visits/meet faculty of Rachana, Kriya & Samhita Encouraging observational learning	Dr. Ramya.H.T
4:00– 5:00 PM	Overview of BAMS Curriculum; Introduction to the competency-based curriculum and syllabus of First Professional BAMS subjects.	Subject puzzle (First Year); Timeline exercise marking academic milestones	Dr. Srikant Joshi



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Nagar, Sunkadakatte, Bengaluru, Karnataka 560091, India
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Day 2 DATE: 11/11/2025

Time	Topic for the hour	Activity	Speaker
09:00– 9.10 AM	DhanvantariPrayer& Thought for the Day	Shortgrouprecitationand daily reflection	Dr.Vidyalakshmi
9:10– 10:00 AM	LibraryOrientation	Library visit and digital resource search(PubMed, AYUSH portal)	Dr.Vidyalakshmi
10:00– 11:00 AM	LearningfromSeniors	—AskMeAnything—Q&A with seniors; —Message to My Future Self— personal reflection writing. Interactionwithsenior students	II year senior batch students
11:00– 12:00 PM	Pre-Test & Parent Interaction(Annexure-1)	Google Form pre-test (30 questions);Parent–student guided Q&A	Dr.Moksha
12:00– 1:00 PM	Basic principles of Ayurveda and Trisutra (Hetu,Linga,Aushadha)	Discussiononpurposeoflife and lifestyles	Dr.Bhanupriya
1:00– 2:00 PM	LUNCH		
2:00– 3:00 PM	StudentSafety:&Ragging- Free campus FindingHelpWhenNeeded. Detailed session on student grievance redressalmechanism.	Simulation of anti-ragging scenarios;Poster-making – —Say No to Ragging— Problem–solutionmapping of student concerns	Dr.Nagarjun
3:00– 4:00 PM	Administrative Structure: Who is Who in theCollege CampusRules,Regulations & Dress Code: General conduct, timings, and campus policies.	Interactive introduction to Principal,Dean,Headofthe Dept. and key staff Debateon—Whyrulesand discipline help learning—	Dr.Srikant Joshi
4:00– 4:15 PM	Mindfulness	Shortguidedmeditation/ Silent sitting	Dr.Yashaswini



Day 3 DATE: 12/11/2025

Time	Topic for the hour	Activity	Speaker
09:00 –9.10 AM	Dhanvantari Prayer & Thought for the Day	Short group recitation and daily reflection	Dr. Vidyalakshmi
9:10– 10:00 AM	Overview of other Indian Medical Systems: Unani, Siddha, Sowa Rigpa, Yoga Naturopathy & Homeopathy	Interactive quiz/discussion	Dr. Vedamurthy Hiremath
10:00 – 12:00 PM	Orientation and role play on Legal awareness	Mock court trial by 2 nd year senior batch students	Dr. Shreevanitha
12:00 –1:00 PM	A healer's duty to health and environment, eco responsibility: Biomedical Waste Management	Color code game – match items to bins	Dr. Yashaswini
1:00– 2:00 PM	LUNCH		
2:00– 3:00 PM	Introduction to Ashtanga Ayurveda	Sloka recitation of eight branches of Ayurveda	Dr. Anusha
3:00– 4:00 PM	Interdisciplinary exposure	Debate Ayurveda in various systems of medicine.	Dr. Srinivasa
4:00– 4:45 PM	Who is good Vaidya (Charaka's view) professional code of conduct/personal code of conduct	Question answer session/interaction	Dr. Shreevanitha
4:45– 5:00 PM	Mindfulness	Gratitude practice, focusing on cultural heritage/Meditation	Dr. Yashaswini



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Person Name : -KTG AYURVEDIC MEDICAL COLLEGE

Day 4 DATE: 13/11/2025

Time	Topic for the hour	Activity	Speaker
09:00– 9.10 AM	Dhanvantari Prayer & Thought for the Day	Short group recitation and daily reflection	Dr. Vidyalakshmi
9:10– 10:00 AM		.	
10:00– 12:00 PM	Overview of other Indian Medical Systems: Unani, Siddha, Sowa Rigpa, Yoga Naturopathy & Homeopathy	Interactive quiz/discussion	Dr. Shshikala
12:00– 1:00 PM	Introduction to Ayurveda and History	Discuss on Ayurveda Avatara from different Sampradayas	Dr. Anushapatel
1:00– 2:00 PM	LUNCH		
2:00– 3:00 PM			
3:00– 4:00 PM	Ayurveda beyond Practice: Capacity Building activities in Entrepreneurship development in context of	Visit; introduction and entrepreneurial activity done in the college by Research innovation and	Dr. Moksha
4:00– 4:45 PM	Ayurveda and Yoga as India's soft power diplomacy through wellness	Group discussion on surprising or inspiring insights from IKS	Ms. Sudha
4:45– 5:00 PM	Mindfulness	Gratitude practice, focusing on cultural heritage/Meditation	Dr. Yashaswini



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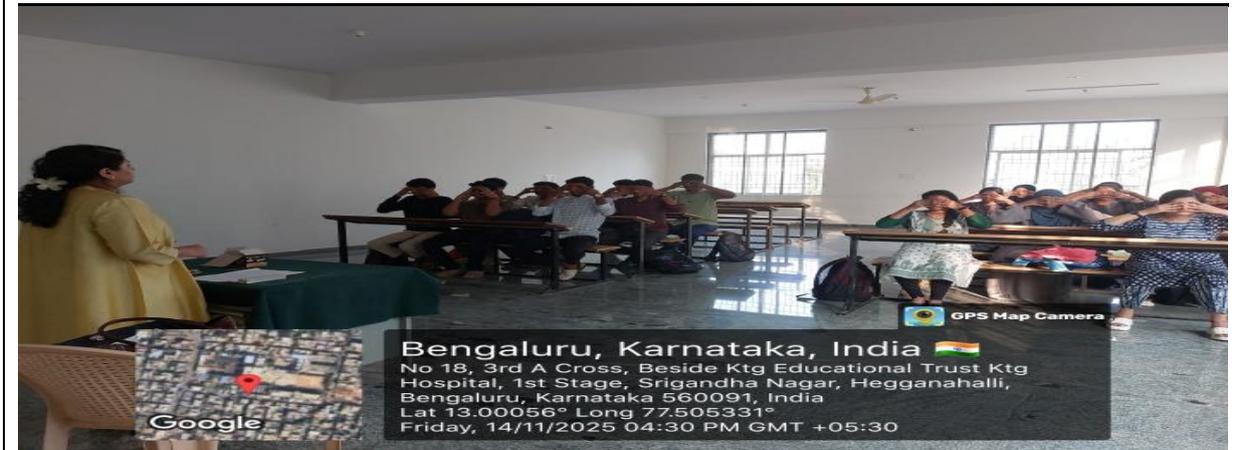
Day 5 DATE: 14/11/2025

Time	Topic for the hour	Activity	Speaker
09:00– 9.10 AM	Dhanvantari Prayer & Thought for the Day	Short group recitation and daily reflection	Dr. Vidyalakshmi
9:10– 10:00 AM	Glory of Ayurveda in Global Health	Discussion on WHO GCTM (Global Centre for Traditional Medicine)	Dr. Vidyalakshmi
10:00– 11:00 PM	Concept of Dosha, Dhatu, Mala in brief with application aspects	Concept reflection: “ <i>How is Tridosha seen in patients?</i> ”; Analogy building using daily life examples	Dr. Bavana
11:00– 12:00 PM	Healing Hands and Compassionate Hearts: Reflection activity	Group sharing on readiness for clinical responsibilities	Dr. Bavana
12:00– 1:00 PM	Administrative Procedures: Leave applications, attendance policies, and fee payments.	Role-play: applying for leave, reporting grievances, library check-in	Dr. Sushma
1:00– 2:00 PM	LUNCH		
2:00– 4:00 PM	Proposed Higher Education Pathways in Ayurveda	Watch videos/read short bios of MD/PhD professionals; Create career flowchart	Dr. Usha
4:00– 4:45 PM	Public Health and Ayurveda in community (Role of Ayurveda in Public Health)	Search for activities of National Ayush Mission	Dr. Yashaswini
4:45– 5:00 PM	Mindfulness	Gratitude practice, focusing on cultural heritage/Meditation	Dr. Yashaswini



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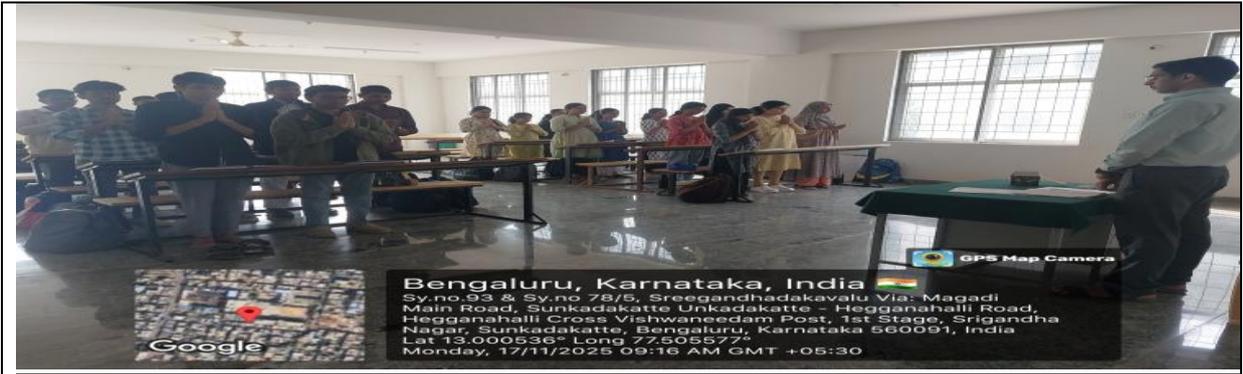
Day 6 DATE: 15/11/2025

Time	Topic for the hour	Activity	Speaker
09:00 –9.10 AM	DhanvantariPrayer followed by Glory of Ayurveda in Global Health	Discussion on WHO GCTM (GlobalCentreforTraditional Medicine)	Dr.vidyalakshmi
9:10– 10:00 AM	SharirKriyaOrientatio n details of syllabus	Pulserespirationassessment practicevisitdept/lab,charts models etc.	Dr.Bavana
10:00 – 11:00 PM	Introductio ntoBruhatr ayi– Charaka, Sushruta, Vagbhata	Three-corner debate: Charaka vs. Sushruta vs. Vagbhata;Quotematching activity	Dr.Nagalakshmi
11:00 - 12:00 PM	वदतुसंस्कृतम् SanskritOrientation,B asics of Sanskrit alphabet, pronunciationorasanne xed (Annexure – 2)	Writing drill: vowels and consonants in Devanagari/ Didactic with video, chant slokasofayurveda(AshtangHridayCharaka Samhita)	Ms.Soumya
12:00 –1:00 PM	Reflection activity: why havechosenAyurveda (My Roots in Ayurveda)	Group sharing: Which Samhitadoyouresonatewith most and why?	Dr.Sheethal
1:00– 2:00 PM	LUNCH		
2:00– 3:00 PM	Ayurvedic pathology, NidanaPanchaka framework understanding diseaseinAyurvedabey ond pathogens	Discuss on causative factors beyond pathogenic virus, bacteriaandotherorganisms	Dr.Sneha
3:00– 3:45 PM	Guest Health policy in Lecture - CharakSamhita, Ayurveda‘sroleinshapi ng Modern Health diplomacy.	Searchrelevantcontextin CharakSamhita.	Dr.Naglakshmi
3:45- 4:00 PM	Mindfulness	Gratitudepractice,focusing on cultural heritage/Meditation	Ms.Sudha



Day 7 DATE: 17/11/2025

Time	Topic for the hour	Activity	Speaker
09:00– 9.15 AM	Dhanvantari Prayer followed by Glory of Ayurveda in Global Health	Discussion on WHO GCTM (Global Centre for Traditional Medicine)	Dr. vidyalakshmi
9:15– 10:00 AM	Laghutrayee with elaboration of Ashtang Hridaya	Discussion on difference between Ashtang Sanghrah and Ashtang Haridaya	Dr. Sudhanva
10:00– 12:00 PM	Introduction to Rachana Sharir concepts, Syllabus, Orientation on cadaver room etiquettes.	Model charts, cadaver room, specimen organs	Dr. Sushma
12:00- 1:00 PM	Healthy Food, Diet pattern, Nutritional plate, Nutritional values usually required	May refer Ayurveda Ahara Regulations (FSSAI – Ayurveda Ahara, 2021) making Ay. Herbal tea, balanced Ay. Plate	Dr. Yashaswini
1:00- 2:00 PM	LUNCH		
2:00– 4:00 PM	Self-directed, self-motivated, learning skills and studying skills	Self-directed, self-motivated, learning skills and studying skills	Dr. Sneha
4:00– 45:00 PM	Ayurveda & Communication/media studies	Countering misinformation of Ayurveda.	Dr. Shethal
4:45:00– 5:00 PM	Mindfulness	Gratitude practice, focusing on cultural heritage/Meditation	Dr. Sudha



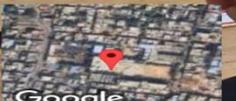
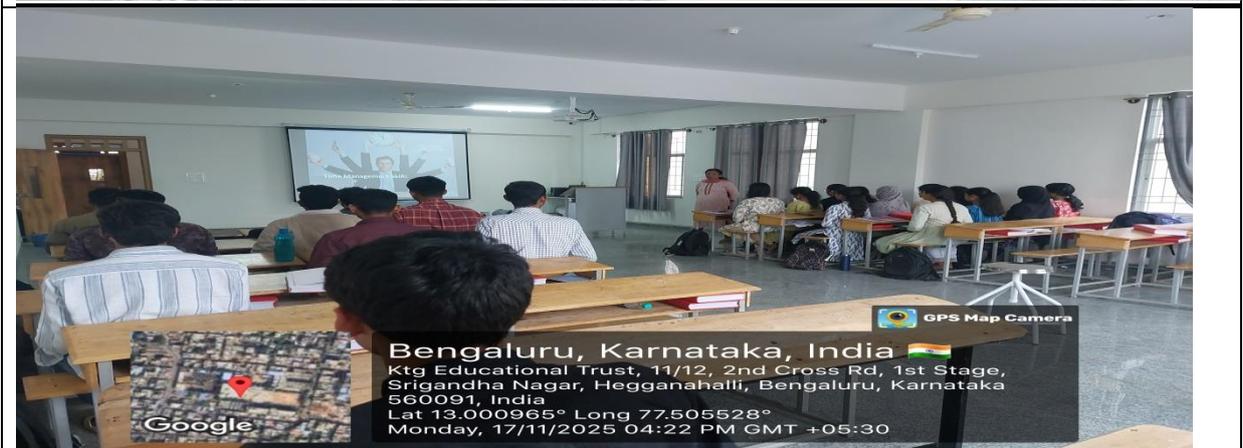
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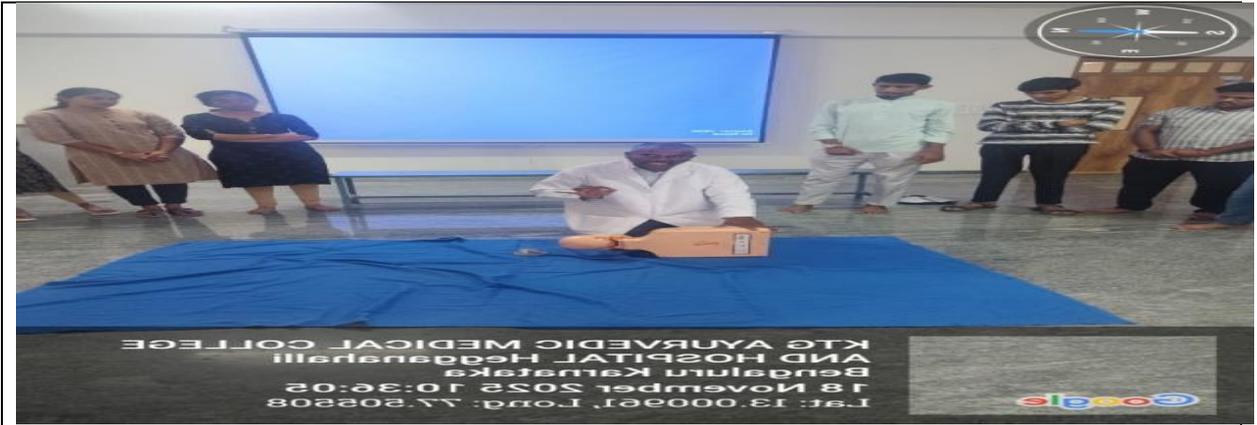
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Day 8 DATE: 18/11/2025

Time	Topic for the hour	Activity	Speaker
09:00– 9.15 AM	Dhanvantari Prayer followed by Glory of Ayurveda in Global Health	Discussion on WHO GCTM (Global Centre for Traditional Medicine)	Dr. vidyalakshmi
9:15– 10:00 AM	e-samskara , building digital competence: Basic Computer Skills: MS Word, excel, PowerPoint etc. with AI.	Create PPT slides using presentation templates	Dr. Sheetal
10:00– 12:00 PM	Basic life support (BLS) training, Emergency protocols, CPR theory (adults, children, infants)	Basic life support (BLS) training, Emergency protocols, CPR theory (adults, children, infants)	Dr. Nagarjun
12:00– 1:00 PM	Hand Hygiene & Universal Precautions. Infection Control Measures	WHO 7-step handwashing demo. Gloves, masks, aprons, waste handling	Dr. Gowthami
1:00– 2:00 PM	LUNCH		
2:00– 4:00 PM	National Health Programmes & Role of Ayurveda.	Make a calendar of National Health Programmes.	Dr. Usha
4:00– 4:50 PM	What is Indian Knowledge System (IKS)? Overview: Orientation lecture on Vision of reality,	Storytelling: share one traditional home practice for health; Discussion – “How is	Dr. Bhanupriya
4:50– 5:00 PM	Mindfulness	Gratitude practice, focusing on cultural heritage/Meditation	Dr. yashaswini





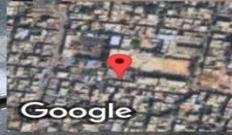
Day 9 DATE: 19/11/2025

Time	Topic for the hour	Activity	Speaker
09:00– 9.15 AM	DhanvantariPrayer followed by Glory of Ayurveda in Global Health	Discussion on WHO GCTM (GlobalCentreforTraditional Medicine)	Dr.vidyalakshmi
9:15– 10:00 AM	वदतुसंस्कृतम् SpokenSanskrit:Ayurvedic Terminology Pronunciation or as annexed (Annexure – 2)	Grouprecitation;Shloka pronunciation drills	Ms.Soumya
10:00– 12:00 PM	Soft skills & Life skills in Ayurvediccontext,building collaborative skills (Communication & empathy-based care)	Audio visual experience, discuss on personal and professionalcompetencies expected for a student.	Dr.Srinivasa
12:00- 1:00 PM	Basic understanding of Ashtangayogaforphysical and mental well-being.	Searchforvideosofproper pranayama, yoga, dyana.	Ms.Sudha
1:00- 2:00 PM	LUNCH		
2:00– 5:00 PM	Halfdayfieldvisit	Ayurvedic herbology, field visit, herbal garden, incubationcenter,Ayurveda hospital, district ayurveda hospital, medicine manufacturing unit, any nearby Institute of National Importance (Anyone which is convenient as per availability nearby institution)	Dr.Savanth Kumar



Day 10 DATE: 20/11/2025

Time	Topic for the hour	Activity	Speaker
09:00– 9.15 AM	DhanvantariPrayer followed by Glory of Ayurveda in Global Health	Discussion on WHO GCTM (GlobalCentreforTraditional Medicine)	Dr.vidyalakshmi
9:15– 10:00 AM	वदतुसंस्कृतम् SanskritOrientation–Basic Grammar orasannexed(Annexure– 2)	Verbconjugationdrill; Sanskrit sorting game)	Ms.Sowmya
10:00– 11:00 PM	Research awareness and evidencebasedayurveda: Orientation	Discussion on basics of researchmethodologyand data interpretation, read a published paper	Dr.Shruthi
11:00- 12:00 PM	Heritage in young hands: Youthasbrandambassadors of Ayurveda	Search for Start-ups, wellnessindustryondigital platforms.	Dr.Sheethal
12:00- 1:00 PM	IndianPhilosophicalsystem – Overview of Darshanas linking to Ayurveda, Sankhya, Nayaya, Vaisheshika	Groupdiscussionon Darshanas concepts	Dr.Anusha
1:00– 2:00 PM	LUNCH		
2:00– 3:00 PM	RegulatoryBodies;NCISM, concerned Universities, Directorate of Ayush, State ISM Registration councils	DrawNCISMorganizational tree; Rapid-fire quiz on functions/policies	Dr.Moksha
3:00– 4:00 PM	AyurvedaandNeuron mental science. RoleofRitucharyaand Dinacharya in climate adaptation.	Discussonherbaldrinks according to ritus. Trackyourdinacharyaand planritucharyaforpresent local climate	Dr.Srikanthjoshi
4:00- 4:15 PM	Mindfulness	Gratitudepractice,focusing on cultural heritage/Meditation	Dr.yashasini



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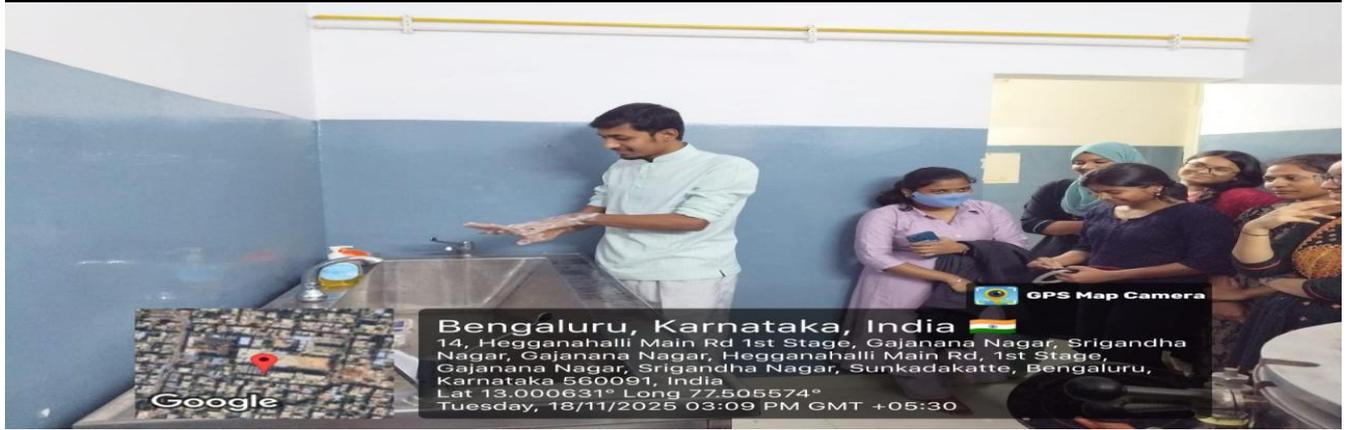
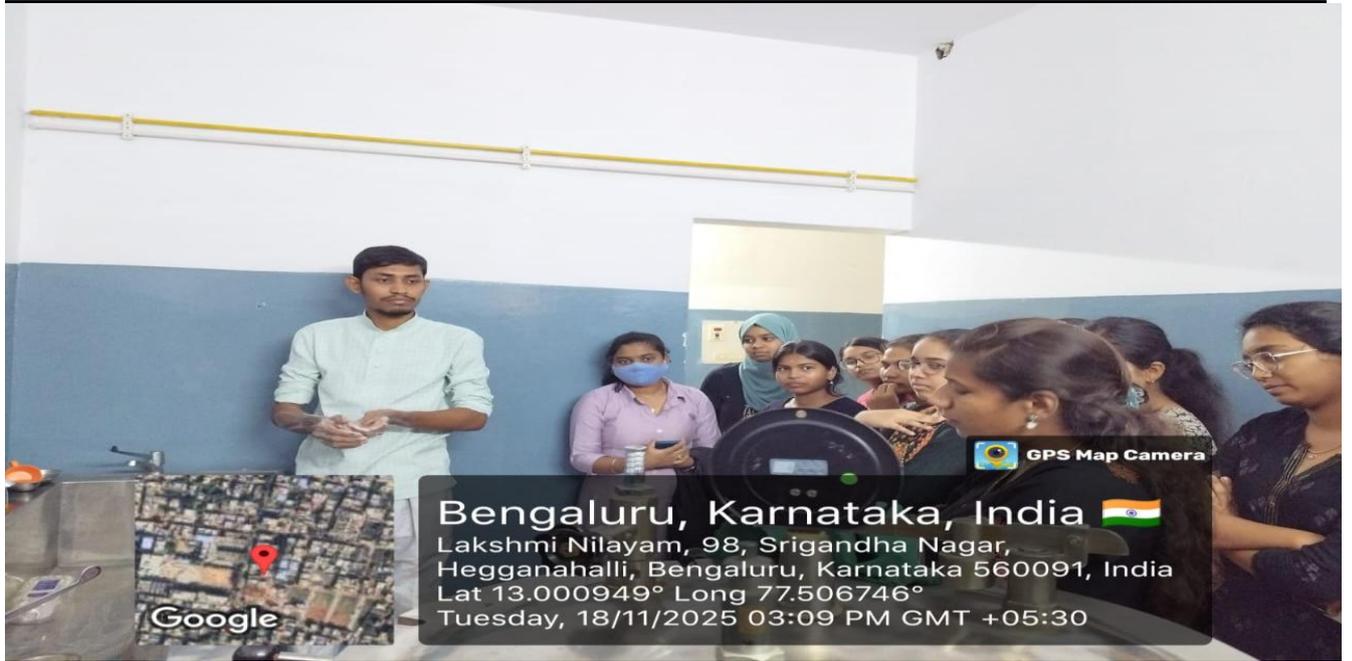
Day 11 DATE: 21/11/2025

Time	Topic for the hour	Activity	Speaker
09:00–9.15 AM	DhanvantariPrayer followed by Glory of Ayurveda in Global Health	Discussion on WHO GCTM (GlobalCentreforTraditional Medicine)	Dr.vidyalakshmi
9:15–10:00 AM	Scopeof Ayurveda: Current status,legalrecognition,and national scope. GlobalScopeofAyurveda: Growing acceptance and internationalopportunities.	FactsearchonAYUSHand NCISM portals. Worldmappin-upactivity– mark countries recognizing/practicing Ayurveda (online/ offline)	Dr.Saiprashanth
10:00–11:00 PM	वदतुसंस्कृतम् ShlokaRecitation Practice orasannexed(Annexure– 2)	Groupchantingsessionfor accurate pronunciation	Soumyasharma
11:00-12:00 PM	First aid training basic/cuts wound, sprains, shock, bleedingandothercommon emergency situations	First-aidsimulations	Dr.Gowthami
12:00-1:00 PM	Inspirational talk by senior Vaidya/Professoraboutwhy ayurveda is more relevant than ever/my journey as an ayurvedic doctor	Question answer session/interaction	Dr.Shreevanitha
1:00–2:00 PM	LUNCH		
2:00–3:00 PM	Reflection:—Empathyand Expression	Group discussion on inclusivityinAyurveda	Dr.Bhanupriya
3:00–4:00 PM	Role of Artificial intelligence in Academics AIneducation,diagnostic research	Group discussion on different AItoolsandtheirbetterutility in study circle, use of AI for data mining from classical texts.	Dr.Savanthkumar
4:00-4:15 PM	Mindfulness	Gentlebreathingwith gratitude feeling	Dr.Yashaswini

Day 12 DATE: 22/11/2025

Time	Topic for the hour	Activity	Speaker
09:00–9.15	DhanvantariPrayer followed	Discussion on WHO GCTM	Dr.vidyalakshmi

AM	by Glory of Ayurveda in Global Health	(Global Centre for Traditional Medicine)	
9:15–10:00 AM	Environmental hygiene: Concept of —Janapadadwamsa in ayurveda and its relevance to environmental hygiene	Swachataabhiyana of surrounding environment, discussion on role of hygiene in professionalism	Dr. Gowthami
10:00 – 11:00 PM	वदतु संस्कृतम् Shloka Recitation Practice oras annexed (Annexure–2)	Group chanting session for accurate pronunciation	Soumyasharma
11:00-12:00 PM	Nation building: Ayurveda as a pillar of India's health security.	Discussion: Ayurveda for Atma Nirbhara.	Dr. Saiprashanth
12:00-1:00 PM	Ayurveda ethics & Philosophy in context of Sadvritta	Refer & Discuss Sadvritta & Bioethics.	Dr. Anusha Patel
1:00–2:00 PM	LUNCH		
2:00–3:00 PM	Pride in becoming a Healer-Interactive session	Discuss different healing modalities.	Dr. Anagha
3:00–4:00 PM	Integrative tradition with ambition: Goal setting in ayurveda education	Write SMART goals for academic & professional life under the heading of vision for Vikasit Bharat 2047.	Dr. Savanthkumar
4:00-4:15 PM	Mindfulness	Gentle breathing with gratitude feeling	Dr. Yashaswini



Day 13 DATE: 24/11/2025

Time	Topic for the hour	Activity	Speaker
09:00– 9.15 AM	DhanvantariPrayer followed by Glory of Ayurveda in Global Health	Discussion on WHO GCTM (GlobalCentreforTraditional Medicine)	Dr.vidyalakshmi
9:15– 10:00 AM	SuccessStoriesofAyurveda in action: real life patient care success story by expert in modern research	Alumni talk on clinical/research/entrepreneurs hip; Vision board creation	Dr.Shrinivas
10:00– 11:00 PM	वदतुसंस्कृतम् ShlokaRecitation Practice orasannexed(Annexure–2)	Groupchantingsessionfor accurate pronunciation	Soumyasharma
11:00- 12:00 PM	CulturalCompetence& Disability Awareness: empathy as therapy to disability care and rehabilitations	Discussion on Healing without barriers, disability awareness,inspiringstudents to be compassionate.	Dr.Shruthi
12:00- 1:00 PM	Reflection: becoming a Vaidya,discoveringmy Path to Purpose	Shareonepersonalgoalset during the day	Dr.Nagalakshmi
1:00– 2:00 PM	LUNCH		
2:00– 3:00 PM	Orientation on national tobaccocontrolprogramme	Discussionontobacco cessation centers	Dr.Anagha
3:00– 4:00 PM	Orientation on co-curricular arrangement,indooroutdoor sports facilities, house formation (Allotment of students to mentors)	Discussiononstudentsclubs, associations, club activity	RD.Shashikala
4.00- 4.15pm	Mindfulness	Gentlebreathingwith gratitude feeling	Dr.Yashaswini

Day 14 DATE: 25/11/2025

Time	Topic for the hour	Activity	Speaker
09:00– 9.15 AM	DhanvantariPrayer followed by Glory of Ayurveda in Global	Discussion on WHO GCTM (GlobalCentreforTraditional Medicine)	Dr.vidyalakshmi

	Health		
9:15–10:00 AM			Dr.Shrinivas
10:00–11:00 PM	वदतुसंस्कृतम् Sanskrit Practice Session orasannexed(Annexure–2)	Storytelling in Sanskrit (simplephrases);Group recitation	Soumyasharma
11:00–12:00 PM	Presentation Skills: StructuringanAcademic Presentation with good content.	Storyboardlayout;Slide critique	Dr.Sheetal
1:00–2:00 PM	LUNCH		
2:00–3:00 PM	Ayurvedicperspectiveof Deaddiction: role of Satvavjeya chikitsa and rasayana	Discussion:sharingofkey insights by students	Dr.vidyalakshmi
3:00–4:00 PM	PadarthaVigyana orientationinbriefwith detailed elaboration of Tantrayuktees	Discussion on practical applicationinday-to-daylife	Dr.Anusha Patel
4:00–4:15 PM	Mindfulness	Gentlebreathingwith gratitude feeling	Dr.Yashaswini

Day 15 DATE: 26/11/2025

Time	Topic for the hour	Activity	Speaker
09:00–9.15 AM	DhanvantariPrayer followed by Glory of Ayurveda in Global Health	Discussion on WHO GCTM (GlobalCentreforTraditional Medicine)	Dr.vidyalakshmi

9:15– 10:00 AM	वदतुसंस्कृतम् Sanskrit Practice Session orasannexed(Annexure– 2)	Storytelling in Sanskrit (simplephrases);Group recitation	Soumyasharma
10:00– 11:00 PM	DayReflection:Icebreakers & Faculty Interaction	Groupsharing,funintro games	
11:00– 12:00 PM	Conceptof_‘Anand‘thetrue goalofhealinglessonsfrom Taittarreeya Upanishad.	Discussiononexperimental feeling of actual happiness	Dr.Nagalakshmi
12:00– 1:00 PM	Effectivetimemanagement strategies: _Sankalpa to Siddhi‘–Timemanagement for obtaining academic and clinical excellence.	Designaweeklyplannerfor studies & personal time	Dr.Sneha
1:00– 2:00 PM	LUNCH		
2:00– 3:00 PM	Academic Writing: IntroductiontoScientific Writing & Plagiarism	Paragrapheditingactivity	Dr.Sheetal
3:00– 4:00 PM	Mindfulness	Gentlebreathingwith gratitude feeling	Dr.Yashaswini

DATE: 1/12/2025 Guest speaker

Time	Topic for the hour	Activity	Speaker
12.00pm - 1.00pm	Different Career opportunities after BAMS: Practice, wellness centers, PanchaKarmaUnits, Govt. Ay. Dispensary, Entrepreneurship	webinar	Dr.PrashanthJadar Vice Principal KLE Belgaum



DATE: 3/12/2025 Guest speaker

Time	Topic for the hour	Activity	Speaker
10.00am -1.00pm	Talent show; the talent exhibition, talented students are to be identified and recorded. Such students are	Performing Arts, Visual Arts, Literary & Intellectual Talents, Innovation & Technical Skills, Leadership & Management	Dr. Bhavana Dr. shreevanitha

	encouraged to participate in institutional activities and to participate in various events.	Talents	
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DATE: 5/12/2025: webinar (Guest speaker)

Time	Topic for the hour	Activity	Speaker
10.00am-12.00pm	Ayurveda Psychology— correlations of Satva, Rajas, Tamas with Modern Psychology,	Discuss on Bhootvidya of Astangas, ancient insights for modern minds.	Dr. Suhas Shetty Principal KLE Belgaum



Time	Topic for the hour	Activity	Speaker
11.00 am- 12.00 pm	Ayurveda and agriculture (Krishi Ayurveda)	discussion on Ayurvedic Principles of soil and plant health	Dr. Seema Pradeep HOD Dept of Dravya Guna Sri Sri college of Ayurvedic science
2.00-3.00 pm	Digital Literacy: Learning Management System (LMS) Orientation	Login, navigation, uploading a sample assignment	Dr. Seema Pradeep HOD Dept of Dravya Guna Sri Sri college of

	—How Will LMS Help Your Academic Success?!	Group discussion	Ayurvedic science
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DATE: 8/12/2025 Guest speaker



DATE: 8/12/2025 Guest speaker

Time	Topic for the hour	Activity	Speaker
3.00am-4.00pm	Cultural Competence & Disability Awareness: empathy as therapy to disability care and rehabilitations	Discussion on Healing without barriers, disability awareness, inspiring students to be compassionate.	Dr. satishbelagatti HOD Dept of Transfusion Medicine ESIC. Gulbarga

DATE: 8/12/2025 Guest speaker

Time	Topic for the hour	Activity	Speaker
10.00am-12.00pm	Swasthya,Satya,Seva:The ayurveda student's commitmentofself,society and world.	Discussonsocial responsibility	Dr. Ajay Pattar

DATE: 8/12/2025 Guest speaker

Time	Topic for the hour	Activity	Speaker
11.00 am-12.00 pm	AyurvedaandEconomicsof Health: Ayurveda's role in preventive healthcare, affordabilityandsustainable health economics.	Discussiononcosteffective healthcarevsmodernhealth economics. (SDG)	Dr.satyanarayanBhat Principal Muniyal institute of Ayurvedic medical science udupi



DATE: 9/12/2025 Guest speaker

Time	Topic for the hour	Activity	Speaker
11.00 am-12.00 pm	Ayurveda & Personalized Medicine.Prakritiasakey to preventive and curative health.	Self-PrakritiAssessmentby seniors.	Dr.Sharanamma Asso. Prof KPSVS Ayurvedic medical college. Manvi



DATE: 9/12/2025 Guest speaker

Time	Topic for the hour	Activity	Speaker
12.00 pm-1.00 pm	What are the risk if technologyovertakeshuman wisdom? Digital toxicity.	Checkyourcollegewebsite and learning websites. Debateondifferentslected crisis and situation. (“ No mobiles day ”)	Dr.Raghunath HOD Dept of Dermatology ESIC. Rajaji Nagar

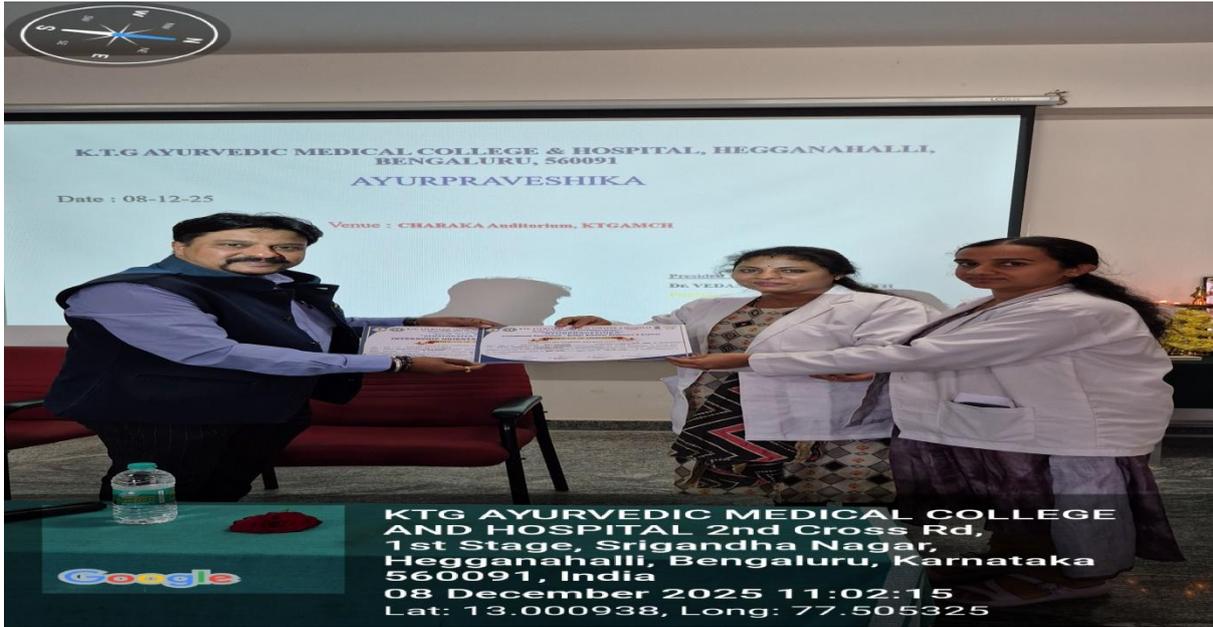
DATE: 10/12/2025

Time	Topic for the hour	Activity	Speaker
12.00 pm- 1.00 pm	Post-Test	Individualassessment	Dr. Moksha
2.00pm- 3.00pm	FeedbackCollection	Written + oral feedback on programmecontent&delivery	Dr. Moksha

DATE: 10/12/2025

Time	Topic for the hour	Activity	Speaker
11.00 Am- 12.00 pm	Post-Test	Individualassessment	Dr. Moksha
12.00 pm- 1.00 pm	FeedbackCollection	Written + oral feedback on programmecontent&delivery	Dr. Moksha
2.00pm- 3.00pm	Valedictory event of Ayurpraveshika		









DATE: 11/12/2025 Guest speaker

Time	Topic for the hour	Speaker
2.00 pm- 3.00 pm	Reflection:—Empathyand Expressionl	Dr.Sangeetha Professor Dept. of Oral Pathology Dayanandsagar college of dental sceinces Banglore

SHISHYOPANAYANA- 11-12-2025





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India

Lat 13.000828° Long 77.505547°

Thursday, 11/12/2025 01:08 PM GMT +05:30



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Ktg Educational Trust, 11/12, 2nd Cross Rd, 1st Stage,
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Gajanana Nagar, Hegganahalli Main Rd, 1st Stage, Gajanana Nagar,
Srigandha Nagar, Sunkadakatte, Bengaluru, Karnataka 560091, India
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Lat 13.000815° Long 77.50561°

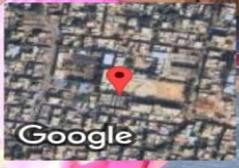
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